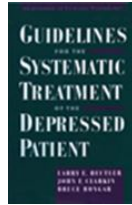


Ovid®

Guidelines for the Systematic Treatment of the Depressed Patient

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This is the first in a series of guidebooks designed to provide practitioners with some structure in the development of treatment programs.

While previous guidelines have been based on consensus panels of experts or on the opinions of membership groups, causing guidelines to be very far off from the findings of empirical research, here guidelines are presented in terms of treatment principles rather than in terms of specific treatment models or theories, and they do not favor one theory of psychotherapy over another. This volume will cover in detail the nature of depression, issues in treatment research, contemporary treatments, and implications for education and training.

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